TWO-DAY CME COURSE · MARCH 5–6, 2027 · NEW YORK CITY

# Traditional, Complementary, and Integrative Medicine in Pediatric Chronic Disease

A two-day course on evidence-based clinical practice · Hosted by the Integrative Therapies Program at Columbia University Irving Medical Center and Integrative Health Global

- The Penn Club of New York · 30 W 44th St
- CME credit offered
- Case-based panels · TCIM Immersive Experience

## Day One · Friday, March 5

12:00 – 6:00 PM ET

**12:00** Welcome
**Elena J. Ladas, PhD, RD** · Columbia University Irving Medical Center

**12:05–1:00** Keynote: Traditional, Complementary and Integrative Medicine — A World View Approach to Wellness
**Geetha Krishnan Gopalakrishna Pillai, MD** · World Health Organization Global Traditional Medicine Centre

### PEDIATRIC HEMATOLOGY / ONCOLOGY

**1:00–1:30** Pediatric Hematology
**Cindy Neunert, MD, MSCS** · Columbia University Irving Medical Center

**1:30–2:00** Integrative Health as Supportive Care in Pediatric Oncology
**Andrés Morales, MD** · Hospital Sant Joan de Déu, Barcelona, Spain

**2:00–2:30** *Case Presentations Panel*

**BREAK · 2:30 – 3:00 PM**

### PEDIATRIC GASTROENTEROLOGY & ENDOCRINOLOGY

**3:00–3:30** Pediatric Gastrointestinal Conditions
**Maria Mascarenhas, MBBS** · Children's Hospital of Philadelphia

**3:30–4:00** A Whole-Person Health Approach to Pediatric Obesity and the Gut–Brain Axis
**Rachana Shah, MD, MSTR** · Children's Hospital of Philadelphia

**4:00–4:30** Endocrine Conditions & Diabetes
**Anuradha Khadilkar, MD, DCH** · Hirabai Cowasji Jehangir Medical Research Institute, Pune, India

**4:30–5:00** *Case Presentations Panel*

### TCIM IMMERSIVE EXPERIENCE · 5:00 – 6:00 PM NON-CME

Stations

**Acupuncture, Aromatherapy, Massage & Food4Health**
**Integrative Therapies Team** · Columbia University Irving Medical Center

**Art Therapy**
**Nitza Danieli** · Arts in Medicine Studio, Hope & Heroes

### WHO SHOULD ATTEND

Pediatric physicians and subspecialists, nurses and advanced practice providers, dietitians, pharmacists, psychologists, acupuncturists, integrative and rehabilitation therapists, researchers, and trainees.

### REGISTRATION EARLY BIRD RATES:

Physicians $675 · Nurses/Allied Health $575 · Trainees $450 (through Dec 4, 2026)

**ACCREDITATION STATEMENT** The Columbia University Vagelos College of Physicians and Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**AMA CREDIT DESIGNATION STATEMENT** The Columbia University Vagelos College of Physicians and Surgeons designates this live activity for a maximum of 11.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Day Two · Saturday, March 6

8:00 AM – 5:15 PM ET

### NEUROLOGY & DERMATOLOGY

**8:00–8:30** Neurology, Epilepsy & the Ketogenic Diet
**Cecilia Fernandes, MD** · Atrium Health Levine Children's, Charlotte, NC

**8:30–9:00** Dermatology
**Speaker to be announced**

**9:00–9:30** *Case Presentations Panel*

**BREAK · 9:30 – 10:00 AM**

### PEDIATRIC IMMUNOLOGY & RHEUMATOLOGY

**10:00–10:30** Pediatric Immunology and Asthma
**Gary Soffer, MD, FAAP** · Yale School of Medicine

**10:30–11:00** Integrative Approaches to Symptom Management in Rheumatology
**Saimun Singla, DO, FAAP, FACR** · Rheum to Grow, Houston, TX

**11:00–11:30** *Case Presentations Panel*

**LUNCH · 11:30 AM – 12:30 PM**

### INTEGRATIVE SYSTEMS TO HOLISTIC CARE

**12:30–1:00** Integrative Approaches to Pain Management
**Marcela Pizarro, MD** · Hospital Policial & UNIQUER, Montevideo, Uruguay

**1:00–1:30** Hypnosis and Mind-Body Therapies
**Robert Pendergrast, MD, MPH, FAAP** · George Washington University

**1:30–2:00** Traditional Chinese Medicine and Its Role in Pediatric Chronic Disease
**Kathy Taromina, DACM, Dipl. OM (NCCAOM)** · Seattle Institute of East Asian Medicine

**2:00–2:30** *Case Presentations Panel*

**BREAK · 2:30 – 3:00 PM**

### RESEARCH IN INTEGRATIVE MEDICINE & PEDIATRICS

**3:00–3:30** A Global Approach to Advancing Research in TCIM in Pediatrics
**Elena J. Ladas, PhD, RD** · Columbia University Irving Medical Center

**3:30–4:00** N-of-1 Trials in Integrative Medicine and Pediatric Gastroenterology
**Ken Cheung, PhD** · Columbia Mailman School of Public Health

**4:00–4:30** Large-Scale Research in Limited-Resource Settings
**Anuradha Khadilkar, MD, DCH** · Hirabai Cowasji Jehangir Medical Research Institute

**4:30–5:00** Funding Opportunities at the NIH
**Speaker to be announced** · NCCIH, Bethesda, MD

**5:00–5:15** Closing Remarks and Adjourn

**Register:** integrativehealthglobal.org/event
Questions: taryn@integrativehealthglobal.org

Sessions, speakers, and times are subject to change pending final faculty confirmation and accreditation review.